

## MEDICAL CARE- URGENT CARE PROVIDERS

**Shawnee Health Care Same Day**  
**618-519-9200**

400 S. Lewis Ln.

- Mon-Fri: 8-7 | Sat: 8-5 | Sun: 11-4

**SIH Walk-In Clinic | 618-549-5361**

Center for Medical Arts | 2601 W. Main St.

- Mon-Fri: 7:30-8 | Sat: 8-5 | Sun: 12-4

## MEDICAL CARE-PRIMARY CARE

**Jackson Cty Health Department**

**618-684-3143**

415 Health Dept. Rd. | Murphysboro

- Mon-Fri: 8-4
- Vaccinations, flu shots, WIC, and STD testing.

**Shawnee Health Care | 618-519-9200**

400 S. Lewis Ln.

- Family, internal, pediatrics, pharmacy, OB/GYN, dentistry, addiction treatment, counseling, psychiatry & senior services.

## BEHAVIORAL HEALTH & SUBSTANCE ABUSE TREATMENT

**Centerstone | 855-608-3560**

**618-457-6703**

2311 S. Illinois Ave.

- Walk-ins: Mon-Thurs: 8-7 | Fri: 8-5

**Gateway Foundation**

**618-319-0707 | 1-877-505-HOPE**

1080 E. Park St.

**S.I. Center for Independent Living**

**618-457-3318**

2135 W. Ramada Dr.

- AA meetings Tuesdays @5:30pm

**The Fellowship House | 618-833-4456**

800 N. Main St. Anna.

- Mon-Fri: 8-4

**The Haven | 618-985-3254**

10289 Haven Ln.

- Thursdays @ 6:30pm | Vets & Families

## CRISIS SERVICES

**Centerstone Crisis Hotline | 800-681-7444**

- Available 24 hours/day.

**Crisis Text Line | Text GO to 741-741**

- National text line.
- Text a trained counselor.
- Free, confidential, and available 24/7.

**Path Crisis Center | Dial 2-1-1 | 888-865-9903**

- Speak with a trained counselor.
- Free, confidential and available 24/7.

## FOOD PANTRIES & SOUP KITCHENS

**Carbondale Muslim Center | 618-457-6522**

530 N. Wall St.

- 2nd and 4th Friday & Saturday | 10am-12pm

**Feed My Sheep Community Kitchen**

**618-529-5278 | 618-521-7424**

Bethel A.M.E. Church | 316 E. Jackson St.

- Noon meals Mon-Fri
- Meal delivery provided.

**Good Samaritan Food Pantry**

**618-457-0323 | 618-303-4840**

University Baptist Church | 700 S. Oakland Dr.

- Food Pantry: Mon & Fri: 9am-11:30am
- Free clothes and coats: Mon & Fri: 9am-11am

**Good Samaritan Ministries | 618-457-5794**

- 701 S. Marion St.
- Daily meals: 8am | 11:30am | 5:30pm

**Murphysboro Food Pantry | 618-684-8258**

906 N. 14th St. Murphysboro

- Mon-Fri: 9am-11am
- Can utilize once a month.
- See the Carbondale Township listing for free transportation to and from the pantry.

**Victory Dream Center**

**618-351-8018 | 618-525-2025**

607 E. College St.

- Wed: 10:30am-12pm | Sat: call for hours

Visit [hsidn.org/resources](https://hsidn.org/resources) for a comprehensive guide to area resources or call the United Way Help Line at 2-1-1 and online at [211.org](https://211.org).

# CARBONDALE AREA RESOURCE GUIDE



A PROJECT OF:

**Carbondale Public Library**  
[carbondalepubliclibrary.org](https://carbondalepubliclibrary.org)

**Sparrow Coalition**

[sparrowcarbndale@gmail.com](mailto:sparrowcarbndale@gmail.com)

The Carbondale Public Library offers social work services, including case management, advocacy, resource referrals & more.

Contact the library for more information.

**Carbondale Public Library**

**405 W. Main Street**

**Carbondale, IL 62901**

**618-457-0354**

**[cpplib@carbndale.lib.il.us](mailto:cpplib@carbndale.lib.il.us)**



**CARBONDALE**  
**public library**

Unless otherwise noted, all resources are in Carbondale. Prices and details are subject to change.

## EMERGENCY & TRANSITIONAL HOUSING

### Carbondale Warming Center | 314-312-2539

608 E. College St.

- Emergency homeless shelter with supportive services.

### Good Samaritan House | 618-457-5794

701 S. Marion St.

- Emergency shelter, transitional housing program, soup kitchen, food pantry, case management, supportive services, and emergency assistance program.

### Lighthouse Shelter | 618-993-8180

1101 N. Madison St. | Marion

- Emergency shelter and case management.

### Survivor Empowerment Center (The Women's Center) | 618-549-4807

610 S. Thompson St.

- Shelter, counseling, and additional services for victims of domestic and sexual violence.

## LOW INCOME HOUSING

### Carbondale Towers | 618-529-3371

703 S. Rawlings St.

- Income based public housing for seniors and individuals with disabilities.

### Jackson Cty Housing Authority 618-684-3183 | 300 N. 7th St. | Murphysboro

### SI Coalition for the Homeless | 618-993-0094

1009 W. Cherry St. Marion

- Affordable housing with supportive services for individuals and families.

### The Fields Apartments (HFDA) 618-549-7377 | 700 Lewis Ln.

## SECONDHAND CLOTHING, HOUSEWARES, & FURNITURE

### Goodwill | 618-549-3415

1145 E. Main St. | Mon-Sat: 10-8 | Sun: 10-6

### Renew: Secondhand Store | 618-364-8250

1130c E. Walnut St. | Mon-Fri: 10-5 | Sat: 10-2

### The Thrift Shop, CWU | 618-457-6976

215 N. Illinois Ave. | Tues-Sat: 9-7

## TRANSPORTATION

### Carbondale Twp Relief Office | 618-457-3366

217 E. Main St.

- Pick up Mon-Fri
- 8:30am | 9am | 10am | 12pm | 2pm
- Free rides to Murphysboro Food Pantry,
- Jackson County Health Department, IDHS (public aid), Western Egyptian (energy assistance), & Jackson County Probation.

### Jackson County Mass Transit | 618-549-0304

- Mon-Fri | 7am-5pm, Sat 8am-2pm
- Advanced notice required
- Ages 0-5: Free with an Adult | Ages 6-15: \$1
- Students: \$1 | Seniors: \$1 | Adults: \$2
- Regular routes and curbside drop off.

### Rides Plus Call Center | 844-220-1243

- A division of Rides Mass Transit
- Mon-Fri | 7am-6pm
- Assists with transportation to local & regional destinations including nonemergency medical appointments.

### Saluki Express | 618-549-2877

- Valid SIUC ID, bus pass, or pay \$1
- Drivers have maps of routes.

### Amtrak | 800-872-7245 | 401 Illinois Ave.

### Greyhound | 618-457-3388 | 401 Illinois Ave.

## OTHER RESOURCES ECONOMIC, UTILITY, LEGAL AID, AND MORE

### Carbondale Township | 618-457-3366

217 E. Main St.

- Rent and utility assistance.

### Center for Empowerment and Justice 618-457-2777

213-215 N. Washington St.

- Legal advice & practical alternatives, free clothes, food, library, and other resources.

### Child Care Resource and Referral (CCRR) 618-985-5975

700 Logan College Rd. | Carterville

- Assistance and referrals for child care.

## OTHER RESOURCES, CONT.

### Crosswalk Community Action

618-937-3581

410 W. Main St. | West Frankfort

- Energy assistance, home repair, and weatherization.

### Illinois Department of Human Services 618-687-1705

342 North St. | Murphysboro

- Food, medical, cash assistance.

### Land of Lincoln Legal Aid | 618-457-7800

509 S. University St.

- Free legal aid for low-income in some civil cases & benefit denial.

### Little Resource Center | 618-534-3345

801 E. Walnut St. | littleresourcecarbondale.org

- Free sales, diapers, and more.

### Monthly Free Laundry Day carbondalelaundryproject@gmail.com

601 S. University Ave. (Rt. 51)

- 2nd Wed. of month | 10am-2pm

### Rainbow Cafe LGBTQ Center 618-525-9922 | rainbowcafe.org

118 N. Illinois Ave.

### S.I Center for Independent Living 618-457-3318

2135 W. Ramada Dr.

- Services for those with disabilities.

### Social Security Administration 800-772-1213

250 W. Cherry St. | Mon-Fri: 9-4

### SPIN | 618-201-4859

822 Industrial Park Rd. | Murphysboro

- Assistance with personal property damage from fire, flood, & tornados.

### Take Action Today | 618-212-3171

809 W. Main St. | takeactiontoday.net

- Homeless and recovery services

### Western Egyptian E.O.C | 618-443-5231

342 North St., Suite B | Murphysboro

- Energy assistance and weatherization.