

---

## *Food Pantries and Soup Kitchens*

### **Good Samaritan Food Pantry**

University Baptist Church

700 S. Oakland Dr. 618-457-0323/303-4840

Food Pantry: Mon 9am-1pm; Fri 9am-11:30am

Free clothes and coats: Mon & Fri 9am-11am

### **Victory Dream Center**

607 E. College St. 618-351-8018/618-525-2025

Wed 10:30am-1pm Sun 12:15pm-1pm

### **Good Samaritan Ministries**

701 S. Marion St. 618-457-0323

Daily meals at 8am, 11:30am, & 5:30pm

### **Bethel A.M.E. Church Feed my Sheep**

316 E. Jackson St. 618-529-5278/521-7424

Mon-Fri 12pm-1pm. Meal delivery also provided.

### **Murphysboro Food Pantry**

906 N. 14th St. Murphysboro 618-684-8258

Mon-Fri 9am-11am Can utilize once a month.

See the **Carbondale Township** listing for free transportation to and from the pantry.

### **Carbondale Muslim Center**

530 N. Wall St. 618-457-6522

2nd and 4th Saturday 10am-12pm

## *Crisis Services*

### **Centerstone 24hr Crisis Hotline**

1-800-681-7444

### **Path Crisis Center**

Dial 2-1-1 or 1-888-865-9903 to speak with a trained counselor. Free, confidential and available 24/7.

### **Crisis Text Line (National)**

Text GO to 741-741 anytime within the US to text a trained counselor. Free, confidential, and available 24/7.

---

## *Transportation*

### **Saluki Express**

618-549-2877

Valid SIUC ID, bus pass, or pay \$1. Drivers have maps of routes.

### **Rides Plus Call Center**

A division of Rides Mass Transit

1-844-220-1243; Mon-Fri 7am-6pm

Assists individuals with transportation to local and regional destinations including nonemergency medical appointments.

### **Jackson County Mass Transit**

618-549-0304 Mon-Fri 7am-5pm, Sat 8am-2pm

Advanced notice required. Ages 0-5 ride free accompanied by an adult, 6-15 \$1, Students \$1, Seniors \$1, Adults \$2. Regular routes and curbside drop off.

### **Carbondale Township Relief Office**

217 E. Main St. 618-457-3366

Pick up Mon - Fri 8:30am, 9am, 10am, 12pm, and 2pm. Free rides to Murphysboro Food Pantry, Jackson County Health Department, IDHS(public aid), Western Egyptian (energy assistance), and Jackson County Probation Office.

### **Amtrak**

401 Illinois Ave. 800-872-7245

### **Greyhound**

401 Illinois Ave. 618-457-3388

### **All Aboard Jet Taxi**

618-964-4412 Fees vary.

### **SI Taxi**

618-305-5525 Fees vary.

Visit [www.hsidn.org/resources](http://www.hsidn.org/resources) for a comprehensive guide to area resources or call the United Way Help Line at 2-1-1 and online at [211.org](http://211.org)

---

# Carbondale Area Resource Guide

A project of

**Carbondale Public Library**

[www.carbondalepubliclibrary.org](http://www.carbondalepubliclibrary.org)

**Carbondale Warming Center**

<https://cwcentered.org/>

&

**Sparrow Coalition**

[www.sparrowcoalition.org](http://www.sparrowcoalition.org)

CARBONDALE  
**public library**



**The Carbondale Public Library offers social work intern services including case management, advocacy, resource referrals and more during the school year. Contact the library for more information.**

**Carbondale Public Library**

**405 W. Main Street**

**Carbondale, IL 62901**

**457-0354**

**Unless otherwise noted, all resources are in Carbondale. Prices and details are subject to change.**

---

### *Medical Care-Urgent Care Providers*

#### **Shawnee Health Care Same Day**

400 S. Lewis Ln. 618-519-9200  
Mon-Fri 8am-7pm Sat 8am-5pm  
Sun 11am-4pm

#### **Center for Medical Arts Prompt Care**

2601 W. Main St. 618-549-5361  
Mon-Fri 7:30am-8pm Sat 8am-5pm  
Sun 12pm-4pm

### *Medical Care-Primary Care*

#### **Shawnee Health Care**

400 S. Lewis Ln. 618-519-9200  
Family, internal, pediatrics, pharmacy, OB/GYN,  
dentistry, addiction treatment, counseling, psychiatry and  
senior services.

#### **Jackson County Health Department**

415 Health Dept. Rd. Murphysboro  
618-684-3143 Mon-Fri 8am-4pm  
Vaccinations, flu shots, WIC, and STD testing.

### *Behavioral Health & Substance Abuse Treatment*

#### **Centerstone**

2311 S. Illinois Ave. 855-608-3560  
Walk ins: Mon-Fri 8am-3pm

#### **Gateway Foundation**

1080 E. Park St. 618-529-1151  
1-877-505-HOPE

#### **S.I. Center for Independent Living**

2135 W. Ramada Dr. 618-457-3318  
AA meetings Tuesdays @5:30pm.

#### **St. Francis Xavier Catholic Church**

303 S. Poplar St. 618-457-3254  
Women's Discussion Thursdays @6pm.

#### **The Haven**

10289 Haven Ln. 618-985-3254  
Thursday @ 6:30pm

### *Behavioral Health & Substance Abuse Treatment continued*

#### **The Fellowship House**

800 N. Main St. Anna. 618-833-4456  
Mon-Fri 8am-4pm

### *Emergency & Transitional Housing*

#### **Carbondale Warming Center**

608 E. College St. 314-312-2539  
Sun-Sat 8pm-8am Dec 1-March 31

#### **Good Samaritan House**

701 S. Marion St. 618-457-5794 Showers

#### **Lighthouse Shelter**

1101 N. Madison St. Marion  
618-993-8180

#### **The Women's Center**

610 S. Thompson St. 618-549-2324  
Shelter for women/children and counseling for rape and  
domestic violence.

### *Low Income Housing*

#### **Carbondale Towers**

703 S. Rawlings St. 618-529-3371  
Income based public housing for seniors and individuals  
with cognitive or physical disabilities.

#### **South Illinois Coalition for the Homeless**

1009 W. Cherry St. Marion 618-993-0094  
Home buying assistance and supportive services.  
Individuals with disabilities, HIV/AIDS, and ex-felons all  
welcome to apply.

#### **The Fields Apartments (HFDA)**

700 Lewis Ln. 618-549-7377

#### **Jackson County Housing Authority**

300 N. 7th St. Murphysboro 618-684-3183

### *Economic, Utility & Legal Aid*

#### **Illinois Department of Human Services**

342 North St. Murphysboro 618-687-1705  
Food, medical, cash assistance.

#### **Carbondale Township**

217 E. Main St. 618-457-3366  
Rent and utility assistance.

#### **Supporting People in Need (SPIN)**

822 Industrial Park Rd. Murphysboro 618-201-4859  
Assistance with personal property damage from fire, flood,  
and tornados.

#### **Child Care Resource and Referral (CCR)**

700 Logan College Rd. Carterville 618-985-5975  
Assistance and referrals for child care.

#### **Crosswalk Community Action**

410 W. Main St. West Frankfort 618-937-3581  
Energy assistance, home repair, and weatherization.

#### **Western Egyptian E.O.C**

342 North St., Suite B Murphysboro 618-443-5231  
Energy assistance and weatherization.

#### **Social Security Administration**

250 W. Cherry St. 800-772-1213/618-457-3618  
Mon-Fri 9am-4pm

#### **Land of Lincoln Legal Assistance**

509 S. University St. 618-457-7800  
Free legal for low income individuals in certain civil cases  
and those who have been denied benefits.

#### **S.I Center for Independent Living**

2135 W. Ramada Dr. 618-457-3318  
Supportive services for those with disabilities.

#### **Center for Empowerment and Justice**

213-215 N. Washington St. 618-457-2777  
Legal advice and practical alternatives, free clothes library  
and other resources.