



FREE Parenting Workshops!

at the Carbondale Public Library

1st Friday of the month 10:30-11:00am

Spring 2018 Schedule

February 2nd: Teaching your child safety skills

March 2nd: Managing bedtime difficulties

April 6th: Improving social skills

May 4th: Managing challenging behavior

All trainings are provided by Dr. Erica Jowett Hirst, Ph.D., BCBA-D. Dr. Jowett Hirst is an Assistant Professor of Behavior Analysis and Therapy at Southern Illinois University, Carbondale, a doctoral-level Board Certified Behavior Analyst, and a child behavior specialist with over 15 years of experience working with parents and children.

